



## FACIAL TREATMENTS

Everyone's skin is different therefore our excellent Skin Therapists are here to give advice, recommend and customise for you.

\*Nikki is a level 5 SKIN SPECIALIST and offers free advice & skin consultations

**GUINOT**  
INSTITUT • PARIS

Guinot facials are for all skin types, are a mixture of science & nature and are excellent for deep cleaning, hydration lifting & firming.

### Hydradermie Facial 30 min / 45€ 60 min / 78€

This excellent facial will keep your skin in optimum condition. We will advise & customise the facial to suit your skin type, be it dehydrated, mature, oily, sensitive or pigmented.

### Guinot Lift Summum: 60 mins / 85€

Anti Aging: Premium Anti Aging facial for lifting & tightening & smoothing.

### Guinot Age Summum : 60 mins / 75€

Mature Skin: anyone looking to prevent early signs of aging.

### Guinot Hydra Summum : 60mins / 75€

Dehydrated Skin: Ideal for those suffering from dry, tight or flaky skin.

### Guinot Equilibre Pureté: 75€

Combination to oily: ideal for congested and acne-prone skin.

### Guinot Detoxygene 60 mins / 75€

Teenage / Men's Skin: Dull polluted, clogged blocked pores.

### Guinot HydraPeeling 60 mins / 75€

All Skin: Dull Skin, acne scars, hyperpigmentation, or mild to moderate aging signs.

### Hydradermie Lift Age Logic Facial 75 min / 92€

A great Anti-Aging facial perfect for skin that shows a loss of elasticity. Using a stimulating micro current, we treat both skin and facial muscles concentrating on the eyes, neck and décolleté for an immediate lifting effect.



GERMAINE DE CAPUCCINI

Leading the way in skincare innovation for 50 years. If you are looking for amazing results, pure indulgence & total relaxation the Germaine de Capuccini is for you.

### Timeexpert C+ Face & Décolletage Facial 60 min / 75€

This advanced treatment is based on pure vitamin C and helps to restore Collagen and elastin cells. Ideal for sun damaged, dull, dry and stressed skin. One treatment provides an immediate intense luminosity & hydration as well a noticeable difference in skin firmness.

### Timeexpert Hydrularonic Facial 60 min / 75€

A new dimension of hydration is delivered to the skin by exclusive ingredient formulations plumping and adding volume. This treatment is elevated with a unique facial massage tool, that works as a cooling method across the facial contours to actively plump lines. A cosmetic alternative to aesthetic injections with exalted improvement in the appearance of lines, wrinkles and hydration levels of the skin.

### Germaine De Capuccini EXPERT LAB

An effective stronger system of treatments utilising professional pharmaceutical high grade ingredients to achieve maximum results

### Clinical AOX Peel 60 min / 75€

A spectacular treatment to improve sun damage skin, pigmentation, fine lines and wrinkles. It helps with skin conditions such as acne, acne scarring and skin prone to blackheads and breakouts. It reduces pore size and improves the overall texture of the skin. (Sensitive skin CAN have this treatment, there is NO down time and can be done all year round)

### Germaine De Capuccini MesoBoost & Peel. 75mins / 85€

A new Anti Ageing treatment that represents a breakthrough in skin treatments by allowing the active ingredients within a powerful serum to be carried inside the cells using a pain free device. Maximum effect, no needles or injections or downtime. Designed to assist with: Dehydrated skin, Premature ageing, Fine lines & wrinkles & assists with lifting and tightening the skin.

### Dermapen Microneedling 75mins / 85€

Microneedling stimulates natural collagen production by creating microscopic punctures in the dermis. In order to repair and heal itself from these punctures, the skin has to produce more elastin and collagen. This improves the overall quality and texture of the skin, appearing more youthful. Micro-needling also enables topical products to penetrate deeper into the skin, increasing their effectiveness.

SAFE TREATMENT - In comparison to dermo-rollers, the Germaine de Capuccini Dermatech pen provides a completely safe and more comfortable treatment with little downtime.

**geneo<sup>TM</sup>**  
by Pollogen

An advanced cutting-edge treatment machine that delivers four essential treatments including exfoliation, Oxygenation, nutrient infusion, and skin tightening.

### GENEO + Super Facial 4-in-1 75 min / 90€

This super facial includes Microdermabrasion and Radio Frequency Skin tightening. A fantastic treatment for all skin types and skin problems including premature, open pores, dull skin, premature aging, fine lines, and pigmentation.

### GENIO + Microdermabrasion 60 min / 75€

Similar to microdermabrasion, the OxyGeneo™ exfoliates the upper skin layer to remove dead cells and unclogs pores. It helps to smooth and renew the skin, preparing it to receive active nutrients. The OxyGeneo™ is safe on all skin tones and can treat sensitive skin without any irritation.



## BODY TREATMENTS

### BACK, NECK & SHOULDER MASSAGE 40 min / 45€

### AROMATHERAPY MASSAGE 60 min / 75€

Aromatherapy Massage uses a light pressure and essential aromatherapy oils which enhances the manipulation of the senses.

### FUSION MASSAGE 60 min / 75€

A combination of Deep Tissue movements and Aromatherapy - excellent if you suffer from tension but want total relaxation.

### PRE-NATAL MASSAGE 60 min / 75€

This full body massage relieves the ache, pains, stress, and tension that can occur with pregnancy (suitable after 1st trimester).

### DEEP TISSUE MASSAGE 30 min / 45€ 60 min / 80€

Focused to relieve specific stresses and muscle tensions, this deep rhythmic pressure massage gives the whole body a vigorous workout.

### GERMAINE DE CAPUCCINI WOW BODY TREATMENT. 60 mins / 45€ (courses available)

An excellent advanced body treatment designed to target cellulite, firm the skin, and boost hydration. Ideal for clients looking to contour and improve the appearance of problem areas.

### ANTI CELLULITE & LYMPHATIC DRAINAGE WOOD THERAPY 30mins 45€ 60mins 78€

Concentrating on the upper legs and thighs, this unique treatment consists of Deep Massage along with lymphatic drainage using specialist wooden tools resulting in weight loss, reduced cellulite and elimination of fluid retention.

### HOT STONES MASSAGE 70 min / 80€

The ultimate in relaxing massages! Hot basalt stones are used in this ancient massage technique excellent for relaxing tense muscles and easing pain.

### INDIAN HEAD MASSAGE 35 min / 45€

A therapeutic treatment where pressure is applied to specific points on the Head.



BREATHE  
HAIR & BEAUTY BY NIKKI



## BEAUTY MAINTENANCE

### FINGERS & TOES

<b>Gel Polish Nails</b>	<b>28€</b>	<b>Men's Manicure</b>	<b>25€</b>
<b>Manicure</b>	<b>30€ / 38€ Gel</b>	<b>Men's Pedicure</b>	<b>30€</b>
<b>Pedicure</b>	<b>35€ / 43€ Gel</b>	<b>Soak Off</b> <i>(if from another salon)</i>	<b>10€</b>
<b>Advanced Pedicure</b> <i>Ideal if you suffer from hard skin</i>	<b>45€ / 55€ Gel</b>	<b>Builder Gel</b>	<b>35€</b>
		<b>Full set of Hard Gels</b>	<b>50- 65€</b>
		<b>Gel infills</b>	<b>from 40€</b>
		<b>Nail Art</b>	<b>from 8€</b>

### WAXING

<b>Full Leg</b>	<b>40€</b>	<b>Brazilian</b>	<b>35€</b>	<b>Lip / Chin from</b>	<b>10€</b>
<b>Half Leg</b>	<b>28€</b>	<b>Hollywood</b>	<b>40€</b>	<b>Half face Wax</b>	<b>23€</b>
<b>Bikini</b>	<b>20€</b>	<b>Back Wax</b>	<b>35€</b>		
<b>High Bikini</b>	<b>25€</b>	<b>Underarm</b>	<b>15€</b>		

### LASHES & BROWS

<b>Eye Brow Shape</b>	<b>12€</b>
<b>Eye Brow Tint</b>	<b>10€</b>
<b>Eye lash Tint</b>	<b>18€</b>
<b>Eyelash Tint, Brow Tint &amp; Shape</b>	<b>40€</b>
<b>Brow Lamination</b>	<b>48€</b>
<b>Eye Lash Bomb Lash, Lift &amp; Tint</b>	<b>45 min / 43€</b>

A fabulous treatment for your lashes with no upkeep or maintenance. Lashes are shaped into a perfect eye-opening curl. Results last for 6-8 weeks.

#### Lash Extensions & Infills.

<b>Classic</b>	<b>60€</b>	<b>Infills</b>	<b>40€</b>
<b>Hybrids</b>	<b>68€</b>	<b>Infills</b>	<b>48€</b>
<b>Russian Volume</b>	<b>75€</b>	<b>Infills</b>	<b>55€</b>
<b>Mega Volume</b>	<b>90€</b>	<b>Infills</b>	<b>60€</b>
<b>Lash Removal</b>	<b>15€</b>		

### ADVANCED COSMETIC PROCEDURES

**From 65€**

Using a short wave diathermy /thermolysis to cauterise and remove blemishes on the face and body. The method can be successfully used on a wide variety of lesions without marking or scarring the skin and with little or no down time and are permanent. We can treat: Age spots, Campbell de Morgan Spots/Cherry angiomas/blood spots, Milia, Mole reduction, on face. Thread veins on legs, Verruca's ,Warts etc



**BREATHE**  
HAIR & BEAUTY BY NIKKI

### PLEASE FIND US

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### GIFT VOUCHERS AVAILABLE

#### Cancellation Policy

As we are extremely busy and do not want to disappoint clients we kindly ask for 24hrs notice if you need to cancel or change your appointment, failure to do so will result in a 50% cancellation charge. Card details are taken at time of booking.



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HAIR & BEAUTY BY NIKKI

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**WELCOME**

*my name is Nikki and I am the Beauty Salon Owner. Myself and my team of dedicated, professional therapists bring to you the best treatments on the Costa Del Sol.*

*We are all specialists and have a wealth of knowledge and experience. I promise you will leave feeling*

**FANTASTIC**

**”**