



## FACIAL TREATMENTS

Everyone's skin is different therefore our excellent Skin Therapists are here to give advice, recommend and customise for you.

\*Nikki is a level 5 SKIN SPECIALIST and offers free advice & skin consultations



### Deep Cleanse Facial 60 min 75€

A purifying treatment designed to deeply cleanse, steam, exfoliate, and detoxify the skin. This facial includes extractions, a clarifying mask, and calming aftercare to leave your complexion refreshed, balanced and radiant.



Guinot facials are for all skin types, are a mixture of science & nature and are excellent for deep cleaning, hydration lifting & firming.

### Hydradermie Facial 30 min / 45€ 60 min / 83€

This excellent facial will keep your skin in optimum condition. We will advise & customise the facial to suit your skin type, be it dehydrated, mature, oily, sensitive or pigmented.

### Guinot HydraPeeling 60 mins / 75€

All Skin: Dull Skin, acne scars, hyperpigmentation, or mild to moderate aging signs.

### Guinot Eye Treatment 30 mins / 35€

Refresh and rejuvenate tired eyes with this targeted 30-minute treatment. Using specialized Guinot products and techniques, it helps to reduce puffiness, dark circles, and fine lines, leaving the eye area visibly smoother and brighter.

### Hydradermie Lift Age Logic Facial 75 min / 95€

A great Anti-Aging facial perfect for skin that shows a loss of elasticity. Using a stimulating micro current, we treat both skin and facial muscles concentrating on the eyes, neck and décolleté for an immediate lifting effect.



An advanced cutting-edge treatment machine that delivers four essential treatments including exfoliation, Oxygenation, nutrient infusion, and skin tightening.

### GENEO + Super Facial 4-in-1 75 min / 90€

This super facial includes Microdermabrasion and Radio Frequency Skin tightening. A fantastic treatment for all skin types and skin problems including premature, open pores, dull skin, premature aging, fine lines, and pigmentation.

### GENIO + Microdermabrasion 60 min / 78€

Similar to microdermabrasion, the OxyGeneo™ exfoliates the upper skin layer to remove dead cells and unclogs pores. It helps to smooth and renew the skin, preparing it to receive active nutrients. The OxyGeneo™ is safe on all skin tones and can treat sensitive skin without any irritation.



GERMAINE<sup>DE</sup> CAPUCCINI

Leading the way in skincare innovation for 50 years. If you are looking for amazing results, pure indulgence & total relaxation the Germaine de Capuccini is for you.

### Timexpert Wrinkless PRO-Collagen Facial 60 min / 80€

A powerful anti-ageing treatment that stimulates collagen production, smooths expression lines, and firms the skin after just one session. Perfect for clients concerned with fine lines, wrinkles, and loss of firmness.

### Timexpert C+ Face & Décolletage Facial 60 min / 78€

This advanced treatment is based on pure vitamin C and helps to restore Collagen and elastin cells. Ideal for sun damaged, dull, and stressed skin. One treatment provides an immediate intense luminosity & hydration as well a noticeable difference in skin firmness.

### Timeexpert Hydrularonic Facial 60 min / 78€

A new dimension of hydration is delivered to the skin by exclusive ingredient formulations plumping and adding volume. This treatment is elevated with a unique facial massage tool, that works as a cooling method across the facial contours to actively plump lines. A cosmetic alternative to aesthetic injections with exalted improvement in the appearance of lines, wrinkles and hydration levels of the skin.



Fusion Meso – Advanced Medical Skincare  
Fusion Meso is a professional, medical-grade skincare range that combines science and innovation to improve skin health and appearance. Using concentrated active ingredients and mesotherapy-inspired formulas, these treatments target concerns like dehydration, uneven tone, fine lines, and loss of elasticity, delivering visible results for all skin types.

### Fusion Meso Microneedling 85€ / 75 mins

This advanced microneedling treatment is customised to target your individual skin concerns, including fine lines, pigmentation, scarring, enlarged pores, and uneven texture. Using medical-grade Fusion Meso serums, we can target your main concerns with little to no down time.

### Ekseption Retin-Oil Treatment 50€ / 45 mins

A gentle yet effective resurfacing treatment using Ekseption's Retin-Oil formula to boost cell turnover, smooth fine lines, and improve overall skin tone. Perfect as a first-time retinol treatment, it leaves the skin soft, radiant, and refreshed with minimal irritation.



## BODY TREATMENTS

### BACK, NECK & SHOULDER MASSAGE 40 min / 45€

### AROMATHERAPY MASSAGE 60 min / 78€

Aromatherapy Massage uses a light pressure and essential aromatherapy oils which enhances the manipulation of the senses.

### FUSION MASSAGE 60 min / 78€

A combination of Deep Tissue movements and Aromatherapy - excellent if you suffer from tension but want total relaxation.

### PRE-NATAL MASSAGE 60 min / 78€

This full body massage relieves the ache, pains, stress, and tension that can occur with pregnancy (suitable after 1st trimester).

### DEEP TISSUE MASSAGE 30 min / 45€ 60 min / 85€

Focused to relieve specific stresses and muscle tensions, this deep rhythmic pressure massage gives the whole body a vigorous workout.

### GERMAINE DE CAPUCCINI RED FRUIT BODY SCRUB 45 mins/ 48€

A luxurious exfoliating treatment using red fruit oil to cleanse, remove impurities, and deeply nourish the skin. Includes a relaxing massage with warm, scented oil for ultimate hydration and softness.

### GERMAINE DE CAPUCCINI WOW BODY TREATMENT. 60 mins

x1 55€ x4 175€ x8 385€

An excellent advanced body treatment designed to target cellulite, firm the skin, and boost hydration. Ideal for clients looking to contour and improve the appearance of problem areas.

### ANTI CELLULITE & LYMPHATIC DRAINAGE WOOD THERAPY 30mins 45€ 60 min / 80€

Concentrating on the upper legs and thighs, this unique treatment consists of Deep Massage along with lymphatic drainage using specialist wooden tools resulting in weight loss, reduced cellulite and elimination of fluid retention.

### HOT STONES MASSAGE 60 min / 85€

The ultimate in relaxing massages! Hot basalt stones are used in this ancient massage technique excellent for relaxing tense muscles and easing pain.

### INDIAN HEAD MASSAGE 35 min / 45€

A therapeutic treatment where pressure is applied to specific points on the Head.





## BEAUTY MAINTENANCE

### FINGERS & TOES

#### Fingers:

Gel Polish Manicure	35€
Classic Manicure (Non-Gel)	33€
BIAB Manicure	40€
Hard Gel Full Set	from 50€
Hard Gel Infills	from 40€
Acrylic Full Set	from 50€
Acrylic Infills	from 40€
Nail Art	from 8€
Soak off	8€

#### Feet:

Gel Polish Pedicure	45€
Classic Pedicure (non gel)	40€
Advance Pedicure	55€
(ideal for hard skin)	
Advance Pedicure	
non gel	50€
<b>Men's grooming:</b>	
Manicure	30€
Pedicure	35€

### WAXING

<b>Full Leg</b>	<b>40€</b>	<b>Brazilian</b>	<b>35€</b>	<b>Lip / Chin</b>	<b>from 10€</b>
<b>Half Leg</b>	<b>28€</b>	<b>Hollywood</b>	<b>40€</b>	<b>Half face Wax</b>	<b>32€</b>
<b>Bikini</b>	<b>20€</b>	<b>Back Wax</b>	<b>35€</b>		
<b>High Bikini</b>	<b>25€</b>	<b>Underarm</b>	<b>15€</b>		

### LASHES & BROWS

<b>Eye Brow Shape</b>	<b>12€</b>
<b>Eye Brow Tint</b>	<b>10€</b>
<b>Eye lash Tint</b>	<b>18€</b>
<b>Eyelash Tint, Brow Tint &amp; Shape</b>	<b>40€</b>
<b>Brow Lamination</b>	<b>48€</b>
<b>Eye Lash Bomb Lash, Lift &amp; Tint</b>	<b>45 min / 43€</b>

A fabulous treatment for your lashes with no upkeep or maintenance. Lashes are shaped into a perfect eye-opening curl. Results last for 6-8 weeks.

#### Lash Extensions & Infills.

<b>Classic</b>	<b>60€</b>	<b>Infills</b>	<b>40€</b>
<b>Hybrids</b>	<b>68€</b>	<b>Infills</b>	<b>48€</b>
<b>Russian Volume</b>	<b>75€</b>	<b>Infills</b>	<b>55€</b>
<b>Mega Volume</b>	<b>90€</b>	<b>Infills</b>	<b>60€</b>
<b>Lash Removal</b>	<b>15€</b>		

### ADVANCED COSMETIC PROCEDURES

**From 70€**

Using a short wave diathermy/thermolysis to cauterise and remove blemishes on the face and body. The method can be successfully used on a wide variety of lesions without marking or scarring the skin and with little or no down time and are permanent. We can treat: Age spots, Campbell de Morgan Spots/Cherry angiomas/blood spots, Milia, Mole reduction, on face. Thread veins on legs, Verruca's, Warts etc



## BREATHE

HAIR & BEAUTY BY NIKKI



*Please Find us:*

Calle Nerja de Calahonda,  
29649 Mijas

+34 613 72 58 90

breathe.beautyandhair@gmail.com  
www.breathehairandbeauty.com



### GIFT VOUCHERS AVAILABLE

#### Cancellation Policy

As we are extremely busy and do not want to disappoint clients we kindly ask for 24hrs notice if you need to cancel or change your appointment, failure to do so will result in a 50% cancellation charge. Card details are taken at time of booking.



## BREATHE

HAIR & BEAUTY BY NIKKI

“

*Welcome*

*my name is Nikki and I am the Beauty Salon Owner. Myself and my team of dedicated, professional therapists bring to you the best treatments on the Costa Del Sol.*

*We are all specialists and have a wealth of knowledge and experience. I promise you will leave feeling*

**FANTASTIC**

”