

## FACIAL TREATMENTS

Everyone's skin is different therefore our excellent Skin Therapists are here to give advice, recommend and customise for you.

\*Nikki is a level 5 SKIN SPECIALIST and offers free advice & skin consultations

### Nikki's Signature Customised Facial 80 mins | 115€

This premium customised Skin Treatment/ Facial with Nikki, our Level 5 Skin Specialist, includes a full skin consultation, in-depth skin analysis and a completely customised treatment tailored to your skin's needs. Designed to target your concerns while delivering visible results, expert guidance to achieve your goals of healthier skin

### Breathe Deep Cleanse Facial 55 mins | 78€

The perfect skin reset for congested, dull or breakout-prone skin. Includes deep cleansing, steam, exfoliation, extractions (if req), massage and a customised mask to leave your skin feeling fresh, clear and glowing.

**GUINOT**  
INSTITUT • PARIS

GUINOT FACIAL COLLECTION  
Experience the world of Guinot, where advanced skincare meets luxurious relaxation to deeply cleanse, hydrate, lift and rejuvenate the skin for visible results.

### Hydradermie Lift Age Logic Facial 75 mins | 98€

An advanced luxury anti-ageing facial designed to visibly lift, firm and rejuvenate the skin. This powerful 3-part treatment combines skin conditioning, muscle stimulation and deep oxygenation to restore radiance, improve tone and redefine facial contours using advanced micro-current technology.

### Hydradermie Facial 35 mins | 48€ 60 mins | 85€

A deep-cleansing, hydrating facial using advanced Guinot technology to oxygenate, purify and infuse the skin with active ingredients for exceptional skin health and radiance..

### Guinot HydraPeeling 60 mins | 80€

A skin renewing facial designed to brighten, smooth and refresh the skin using gentle peeling technology to exfoliate and boost cellular renewal. Ideal for treating hyperpigmentation, dull skin, uneven texture and moderate signs of ageing while restoring your glow.



GERMAINE DE CAPUCCINI

Leading the way in skincare innovation for 50 years. If you are looking for amazing results, pure indulgence & total relaxation the Germaine de Capuccini is for you.

### Timexpert Wrinkless PRO-Collagen Facial 60 min | 80€

A powerful anti-ageing treatment that stimulates collagen production, smooths expression lines, and firms the skin after just one session. Perfect for clients concerned with fine lines, wrinkles, and loss of firmness.

### Timexpert C+ Face & Décolletage Facial 60 min | 80€

This advanced treatment is based on pure vitamin C and helps to restore Collagen and elastin cells. Ideal for sun damaged, dull, dry and stressed skin. One treatment provides an immediate intense luminosity & hydration as well as a noticeable difference in skin firmness.

geneo+  
by Pollogen

GNEO+ FACIALS  
A cutting-edge facial treatment delivering 4 essential skin treatments including exfoliation, oxygenation, nutrient infusion and radio frequency for smoother, firmer and more radiant-looking skin.

### Geneo+ Platinum Facial 75 mins | 95€

A premium skin rejuvenation treatment combining advanced OxyGeneo Exfoliation with powerful Radio Frequency technology to renew, firm and revitalise your skin. Designed to target fine lines, loss of firmness, dullness and pigmentation, this multi action facial helps improve skin texture, stimulate collagen production, lift and tighten facial contours while delivering deep hydration and nourishment.

### Geneo+ Glow Facial 60 mins | 85€

A results-driven facial using advanced OxyGeneo technology to exfoliate the skin, remove dead skin cells and improve skin texture. Similar to microdermabrasion, with added skin rejuvenation benefits, it's ideal for fine lines, dull skin, pigmentation and premature ageing.

FUSION  
MESO THERAPY

Fusion Meso – Advanced Medical Skincare  
Fusion Meso is a professional, medical-grade skincare range that combines science and innovation to improve skin health and appearance.

### Fusion Microneedling Dermapen 75 mins | 90€

A powerful skin renewing treatment designed to stimulate collagen, improve skin texture and target concerns such as fine lines, scarring, pigmentation and dullness. Using advanced Fusion Dermapen technology with medical-grade meso serums, this results-driven facial leaves the skin smoother, firmer and visibly more radiant with minimal to no downtime.

Recommended course of 4 sessions for ultimate results.

## ADVANCED COSMETIC PROCEDURES

From 70€

A quick, precise treatment with visible results.

ACP is a safe and effective treatment using advanced thermolysis to remove a variety of common skin blemishes with little downtime carried out by Nikki, our Skin Specialist.

**Ideal for:** Skin tags, Milia, Cherry angiomas (blood spots), Thread veins, Age spots & pigmentation, Warts & Verrucas

## BODY TREATMENTS

### Breathe Signature Face & Body Ritual 105 mins | 135€

A luxurious Face & Body Experience designed to relax and completely reset both mind and body. Enjoy a Full Body Massage with warm aromatic lavender oil, a luxury customised Guinot facial tailored to your skin's needs, and a deeply relaxing Indian Head pressure point massage. The perfect escape when your skin, body & mind need time to truly switch off

### Back, Neck & Shoulder Massage 40 mins | 45€

A focused massage designed to relieve built up tension in the back, neck and shoulders, helping to ease stress and leave you feeling lighter and rebalanced.

### Aromatherapy Massage 60 mins | 80€

A deeply relaxing Full Body Massage using a blend of warm essential oils to calm the senses, ease everyday stress and leave the body feeling totally relaxed.

### Fusion Massage 60 mins | 80€

A blend of Deep Tissue and Aromatherapy techniques designed to release built-up tension, relax tired muscles and restore both body and mind.

### Pre-Natal Massage 60 mins | 80€

A nurturing and soothing massage designed to ease pregnancy-related tension, reduce aches and promote total relaxation for both mum and baby. Suitable after the first trimester.

### Anti-Cellulite & Lymphatic Drainage Wood Therapy 30 mins | 45€ 60 mins | 85€

A sculpting body treatment designed to stimulate lymphatic drainage, reduce fluid retention and leave the skin feeling smoother, firmer and more toned.

### Deep Tissue Massage 30 mins | 45€ 60 mins | 88€

A targeted massage using firm pressure and tension-releasing techniques to ease tight muscles, reduce stress and leave the body feeling lighter and re-energised.

### Hot Stones Massage 75 mins | 88€

Warm basalt stones combined with flowing massage techniques to melt away tension, deeply relax tired muscles and create the ultimate feeling of calm.





## BEAUTY MAINTENANCE

### FINGERS & TOES

#### MANICURE

Breathe Manicure	33€   NT 35€
Breathe Gel Manicure	35€   NT 38€
Breathe BIAB Manicure	40€   NT 43€
Hard Gel Full Set	from 53€
Hard Gel Infills	from 43€
Acrylic Full Set	from 53€
Acrylic Infills	from 43€
Nail Art	from 5€
Soak off	8€

#### PEDICURE

Breathe Pedicure	42€
Breathe Gel Pedicure	47€
Advance Pedicure Polish	52€
(ideal for hard skin & Callus)	
Breathe Advance Pedicure	
gel polish	57€
<b>MEN'S GROOMING:</b>	
Manicure	32€
Pedicure	37€

NT (Nail Tech)

### WAXING

At Breathe we use premium LYCON Wax, one of the industry's leading waxing systems, specially designed to minimise discomfort whilst delivering excellent results.

Full Leg Wax	40€	Half Leg Wax	28€
Bikini Wax	20€	High Bikini Wax	25€
Brazilian Wax	37€	Hollywood Wax	42€
Underarm Wax	15€	Back Wax	35€
Lip or Chin Wax from	10€	Half Face Wax	32€

### LASHES & BROWS

Enhance your natural beauty with beautifully defined lashes and brows.

Brow Shape	13€
Brow Tint	10€
Lash Tint	18€
Lash Tint, Brow Tint & Shape	42€
Brow Lamination	45€
Lash Bomb, Lash Lift & Tint	47€

#### Lash Extensions & Infills:

Classic Full Set	60€	Infills	40€
Hybrid Full Set	68€	Infills	48€
Russian Volume Full Set	75€	Infills	55€
Mega Volume Full Set	90€	Infills	60€
Lash Removal	15€		



**BREATHE**  
HAIR & BEAUTY BY NIKKI

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### GIFT VOUCHERS AVAILABLE

#### Cancellation Policy

As we are extremely busy and do not want to disappoint clients we kindly ask for 24hrs notice if you need to cancel or change your appointment, failure to do so will result in a 50% cancellation charge. Card details are taken at time of booking.



**BREATHE**  
HAIR & BEAUTY BY NIKKI



*Welcome*

My name is Nikki and I am the proud owner of Breathe Hair & Beauty.

Together with my team of passionate and experienced professionals, we are dedicated to providing a warm, friendly and welcoming salon experience where every client feels valued and cared for.

Our goal is simple! For you to leave feeling relaxed, confident and your absolute best.

Thank you for choosing Breathe Hair & Beauty. We look forward to welcoming you

